



COUNTY OF SAN DIEGO

# MEDIA ADVISORY

FOR IMMEDIATE RELEASE

November 26, 2008

**Contact:** Denise Nelesen (858) 505-6474  
Morning of event only: (619) 823-9319

## **VOLUNTEERS MAKE THANKSGIVING SPECIAL FOR AREA SENIORS** *County's Meals on the Move Program Delivers Free Hot Turkey Dinners*

**WHAT:** Meals on the Move volunteers deliver hot turkey dinners with all the trimmings to homebound seniors. Each volunteer also brings a carnation and a colorful place mat made by a local student.

**WHO:** Dozens of volunteers with Meals on the Move will be deliver a holiday meal and warm smile to homebound seniors.

**WHEN:** Thanksgiving morning, Nov. 27  
9:30 a.m. (volunteers leave to deliver meals about 10 a.m.)

**WHERE:** National City Nutrition Program  
1415 D Ave., National City, 91950

**WHY:** Many homebound seniors would have no holiday celebration without caring volunteers who brighten their Thanksgiving day by delivering a hot meal. Meals on the Move, a service of the San Diego County Health and Human Services Agency, fills a gap in meal delivery services with this program.

**To set up a photo or ride-along opportunity, contact Denise Nelesen (858) 505-6474.**

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