

## COUNTYWIDE SERVICES (Continued)

### RESIDENTIAL SERVICES

- ▲ Mental Health Systems (MHS)  
Family Recovery Center  
**(Accepts women w/children up to age 10)**  
1100 Sportfisher Drive  
Oceanside, CA 92054  
(760) 439-6702
- ▲ McAlister Institute for Treatment and Education  
(MITE) – KIVA  
**(Accepts women w/children up to age 12)**  
2049 Skyline Drive  
Lemon Grove, CA 91945  
(619) 465-7303
- ▲ McAlister Institute for Treatment and Education  
(MITE) – Perinatal Detox  
2049 Skyline Drive  
Lemon Grove, CA 91945  
(619) 465-7303
- ▲ North County Serenity House  
Serenity Center  
1341 N. Escondido Boulevard  
Escondido, CA 92026  
(760) 747-1015  
(760) 741-5098 (bed availability)
- ▲ Turning Point  
1315 25<sup>th</sup> Street  
San Diego, CA 92102  
(619) 233-0067

### CASE MANAGEMENT

ParentCare Perinatal Case Management  
(619) 668-4260

CalWORKs Case Management  
(619) 224-1673

### **Public Health Nursing Home Visiting Services**

To make a referral, please call one of the following:  
North Coastal/Oceanside (760) 967-4401  
North Inland/Escondido (760) 740-4000  
North Central/Kearny Mesa (858) 573-7300  
Central/Mid City (619) 229-5400  
East/El Cajon (619) 441-6500  
South/Chula Vista (619) 409-3110



### OTHER SERVICES AND INFORMATION

Alcohol and Drug Services (ADS)  
Administration (619) 584-5007  
Visit our website at <http://www.sdads.org>

Access & Crisis Line  
1 (800) 479-3339 toll-free

Info Line – Dial 211

*All programs listed in this pamphlet receive funding by contract with the County of San Diego. Services are provided without discrimination on the basis of age, sex, race, disability or inability to pay. Bilingual (Spanish) services are available. Client fees are waived for Medi-Cal certified services. Services are not denied if the individual is unable to pay. Programs are organized by region, but may be sought at any location.*

### **BOARD OF SUPERVISORS**

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District 1

Dianne Jacob  
District 2

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District 4

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Nick Macchione, Director  
Health and Human Services Agency

Susan Bower  
Alcohol and Drug Program Director

## County of San Diego Health and Human Services Agency



### **ALCOHOL and DRUG SERVICES**

3255 Camino del Rio South  
San Diego, CA 92108

## **DIRECTORY OF WOMEN'S SERVICES**

Mission Statement:  
*Lead the County of San Diego in reducing alcohol and other drug problems through community engagement*



*"A woman is the full circle. Within her is the power to create, nurture and transform." Diane Mariechild, Author*

## WOMEN'S PROGRAMS

The County of San Diego offers substance abuse treatment and recovery programs to meet the special needs of women. These programs are for women with children, women without children and pregnant women and teens.

Treatment programs for women are located all over the County with many services available.

Some of these services for participants may include:

- Free childcare onsite
- Low-cost services
- Free services for people with Medi-Cal
- Transportation to and from services
- Case managers that provide support and referrals
- Residential treatment and recovery programs
- Spanish-speaking staff
- Work preparation activities
- Classes for improving self-esteem, parenting, life skills and healthy relationships

▲ Wheelchair Accessible

- Spanish/Bilingual Services Available

Programs are organized by region however, **SERVICES MAY BE SOUGHT AT ANY LOCATION.**

## CENTRAL

### NON-RESIDENTIAL SERVICES

- ▲ Catholic Charities, Inc.  
(Recovery Drop-in)  
Rachel's Women's Center  
759 8<sup>th</sup> Avenue  
San Diego, CA 92101  
(619) 696-0873
- ▲ Mental Health Systems (MHS)  
Harmony Women's Recovery Center  
6154 Mission Gorge Road, Suite 120  
San Diego, CA 92120  
(619) 285-1718
- ▲ San Diego Youth Services (SDYS)  
Teen Options  
**(Pregnant & Parenting Adolescents)**  
3660 Fairmount Avenue  
San Diego, CA 92105  
(619) 521-2250
- ▲ Vista Hill Foundation (VHF)  
ParentCare Central Family Recovery Center  
4125 Alpha Street  
San Diego, CA 92113  
(619) 266-0166

## EAST

### NON-RESIDENTIAL SERVICES

- ▲ Vista Hill Foundation (VHF)  
ParentCare East Family Recovery Center  
4990 Williams Avenue  
La Mesa, CA 91941  
(619) 698-1663

## NORTH

### NON-RESIDENTIAL SERVICES

- ▲ Mental Health Systems (MHS)  
Family Recovery Center  
1100 Sportfisher Drive  
Oceanside, CA 92054  
(760) 439-6702
- ▲ North County Serenity House  
Serenity Too  
130 Fig Street  
Escondido, CA 92025  
(760) 741-5098

## SOUTH

### NON-RESIDENTIAL SERVICES

- ▲ McAlister Institute for  
Treatment and Education (MITE)  
South Bay Women's Recovery Center  
2414 Hoover Street  
National City, CA 91950  
(619) 336-1226

## COUNTYWIDE SERVICES

### RESIDENTIAL SERVICES

- ▲ CRASH – Short Term II  
2410 E Street  
San Diego, CA 92102  
(619) 234-3346
- ▲ Crossroads  
3594 Fourth Avenue  
San Diego, CA 92103  
(619) 296-1151
- ▲ MAAC Project – Casa de Milagros  
1127 South 38<sup>th</sup> Street  
San Diego, CA 92113  
(619) 262-4002