



SAN DIEGO REGIONAL GUIDE DOMESTIC VIOLENCE RESOURCES



San Diego Domestic Violence Hotline

1-888-DVLINKS (1-888-385-4657) 24 hours, bilingual, confidential

*DV shelter bed availability, counseling referrals, batterer's treatment information, safety planning
Referrals may be provided for a services in every region of the County*

For a complete list of resources and services see the Regional Maps at www.sddvc.org

Other 24 Hour Hotlines:

Access & Crisis Line	800/479-3339
Children Welfare Services & the Child Abuse Hotline	800/344-6000
Aging and Independent Services & Adult Protective Services	800/510-2020
Center for Community Solutions - Sexual Assault Crisis Line	888/385-4657
Lesbian, Gay, Bisexual, Transgender, Questioning (LGBTQ) Heidorn	858/212-LIFE (5433)
National DV Crisis Intervention, Information and Referral	800/799-SAFE (7233)
Rape, Abuse, Incest National Network (RAINN) Hotline	800/656-HOPE (4673)
211	211 (cell 800-227-0997)
Meth Hotline	877/NO-2-METH (877-662-6384)

COUNSELING & LEGAL REFERRALS

San Diego County Domestic Violence/Sexual Assault Hotline- 24 Hour Hotline	888/DV-LINKS (385-4657)
Access & Crisis 24-Hour Hotline	800/479-3339
211	211 (From Cell 800-227-0997)

DOMESTIC VIOLENCE SERVICES (Partial list)

Family Justice Center (Central)	619/533-6000
YWCA (Central)	619/234-3164
East County Family Justice Center (East County)	619/456-9609
Center for Community Solutions (East County)	619/697-7477
North County Family Violence Prevention Center (North County)	760/798-2835
Center for Community Solutions (North County)	760/747-6282
Community Resource Center (North County)	877/633-1112
Women's Resource Center (North County)	760/757-3500
Center for Community Solutions (Coastal)	858/272-5777
South Bay Community Services (South County)	800/640-2933
Jewish Family Services – Project Sarah	858/637-3200
Rancho Coastal Humane Society - Animal Safehouse Program (North County)	760/753-6413
Stalking Hotline (County of San Diego District Attorney's Office)	619/515-8900
Lesbian, Gay, Bisexual, Transgender, Questioning, (LGBTQ) Community Center	619/692-2077
SD District Attorney's Office, Victim Assistance Program:	
Central: 619/531-4041, East: 619/441-4538, Juvenile: 858/694-4595, South: 619/691-4539, North: 760/806-4079	

SPANISH SPEAKING AGENCIES (SE HABLA ESPAÑOL) (Partial list)

San Diego Domestic Violence Hotline 24 hour (Domestic Violence & Sexual Assault)	888/DVLINKS (385-4657)
Access & Crisis 24-Hour Hotline	800/479-3339
Casa Familiar	619/428-1115
Chicano Federation of San Diego County, Inc.	619/ 285-5600
Children's Hospital's Family Violence Program	619/533-3529
North County Lifeline	760/726-4900
San Diego Family Justice Center	866/933-HOPE (4673)
South Bay Community Services 24-Hour Hotline and Services	800/640-2933

MILITARY RESOURCES (Partial list)

For referrals for family service and advocacy centers serving Camp Pendleton, MCAS Miramar, MCRD, Naval Base San Diego, NAS North Island, & Sub Base Fleet:
Call the Family Justice Center Military Liaison 619/533-3592 (confidential) or SD County DV Hotline 888/385-4657(confidential)
For other resources referrals & assistance, you may call Military OneSource at 800/342-9647 (24-hour hotline)

CHILDREN'S RESOURCES (Partial list)

Rady's Children's Hospital, Chadwick Center - Trauma Counseling Program	866/576-4011
Rady's Children's Hospital & Family Justice Center - Family Violence Program	619/533-3529
Child Welfare Services & the Child Abuse Hotline	800/344-6000

Taking time to think about steps to increase your safety and the safety of your children is important, whether you have left, are considering leaving, or are currently in an abusive relationship. You may want to consider calling a domestic violence advocacy agency to assist you in safety planning. Call **888-DV-LINKS** (888-385-4657) to speak with a confidential advocate or to be referred to an agency that specializes in domestic violence.

You may also view the San Diego Domestic Violence Council Website for safety planning ideas and steps for internet safety: <http://www.sddvc.org>

JAIL NOTIFICATION

Inmates may be released at any time of the day. By calling to set up a "jail notification," you may receive a call (usually about one hour) ahead of when your partner is to be released. Based on your area code you may call any one of the following: (619) 531-3200 (858) 694-3200 (760) 940-4473 Two attempts will be made to contact you at the number you provide.

DOMESTIC VIOLENCE SHELTERS

There are shelters in San Diego County specifically geared to assisting domestic violence victims. In addition to housing and accommodations, most provide such services as advocacy, legal assistance, and counseling onsite.

Call the 24 hour confidential, bilingual DV Hotline at 888-DV-LINKS (888-385-4657) for bed availability.

ORDERING POLICE REPORT(S)

Victims have a right to a free copy of their police report. Contact the responding law enforcement agency in the jurisdiction in which the incident occurred. Requests for reports can be made to most jurisdictions through the mail or in-person. The following information is necessary to identify the requested report: parties involved, date and location of occurrence, and the report number if available. Bring identification if you go in-person to pick up your report. The crime incident report is available no later than 48 business hours and the reports are available no later than 5 business days after they are taken.

SAFE AT HOME - CONFIDENTIAL MAILING ADDRESS

Program participants are provided a post office box, at no cost, so that may use this instead of their home address. This allows participants to safeguard their address when receiving first-class mail, opening a bank account, completing a confidential name change, filling out government documents, registering to vote, getting a driver's license, enrolling a child in school, and more. You may call toll-free at 1-877-322-5227 or visit <http://www.casafeathome.org> for a local enrolling agency.

RESTRAINING ORDERS

You can file at no cost for a restraining order, which may be granted by a judge to last up to 5 years. There are no cost domestic violence clinics available to assist you in the application process:

Downtown San Diego (Madge Bradley)	1409 4th Ave San Diego, CA 921014 th Floor Room 107 Clinic Hours: Monday-Friday 8:30am-4:30pm; Business Office for filing closes at 3:30pm
El Cajon Courthouse:	250 E. Main Street El Cajon, CA 92020 Clinic Hours: Monday-Friday 8:30am-3:30pm; Business Office closes at 3:30pm
North Building of Vista Court Complex:	325 S. Melrose Drive Vista, CA 92083 Hours: Monday-Friday 8:30am to 4:30 pm (except Wed. close at 3:30); Business Office closes at 3:30pm
South Bay Court House:	500 Third Ave., Chula Vista, CA 91911, Room 155 Hours: Monday-Friday 8:30am to 3:30pm; Business Office closes at 3:30 pm
Family Justice Center (Central):	Call (619) 533-6043 to schedule an appointment

Arrive at a minimum of 2 hours before the clinic closes. Be prepared to spend a minimum of one-half of a day to a full day at the court to obtain your restraining order. Space is limited at child care facilities at each court house. You are encouraged to make other child care arrangements.

Things to bring with you when you complete your paperwork, if available: The address for the person you would like restrained; Date of birth for the person you would like restrained; Physical description of the person you would like restrained; Photographs of any injuries; Copy of the police report(s).