

Get Ready 2 Go: Disaster Response

How to Prepare for a Disaster, man made or natural. Fire, flood, earthquake, and helping families prepare for the worst by investing in themselves. Class is free. Preregistration is required.

Instructor: James Beebe

Session I: February 3

Session II: March 3

Session III: April 7

Time: 6-8pm Wednesdays

Fee: Free - Preregistration Is Required

Age: 12 and Up

Class Limit: 6-10



CPR / AED Training

Training on the proper use of an Automatic External Defibrillator (AED) and Cardiopulmonary Resuscitation (CPR) provided by certified instructor, James Beebe. In this course you will be trained and certified and will receive a certification card in the mail (Certification expires every 2 years). Anyone interested may sign up: babysitters, child care staff, office staff, construction staff etc. Be prepared on how to react in these emergency situations.

Instructor: James Beebe

Session I: February 9

Session II: March 9

Session III: April 6

Time: 5:30-8:30pm Tuesdays

Fee: \$50/session

Age: 12 and Up

Class Limit: 6-10



Senior Lunches

The Fallbrook Senior Center serves a hot, nutritious lunch Monday through Friday to seniors 60 + at Fallbrook Community Center. The meals are served at 11:30 a.m. Reservations are not required. Meals are also delivered to home bound seniors unable to attend lunch at the community center. This project is sponsored by the Fallbrook Senior Citizens Service Club, and other contributions from many generous friends and organizations in the community. It is also partially supported by the Older Americans Act Fund awarded by the County of San Diego through the Aging & Independent Services. For more details call the Senior Center at (760) 728-4498.



Duplicate Bridge

This game is advertised internationally by the Americal Contract Bridge League (ACBL). Anyone who can play bridge may attend. All levels of play are welcome. A light snack-lunch and coffee provided. For information regarding games, lessons, or partnerships please contact Debra Cameron (760) 728-6769 and debcameron@sbcglobal.net or Fran White (760) 728-2694 or franwhite3@gmail.com.

Instructor: Debra Cameron & Fran White

Dates: Mondays & Thursdays Ongoing

Time: 12:30-4pm

Fee: \$7 per game

Improve Your Bridge! Play of the Hand

If you know the basics of bridge and want to improve your declarer play, this class is for you! Lots of tips and practice hands will reinforce the lessons.

Instructor: Caryn Villalon

Session I: 2/3-2/26

Session II: 4/28-5/21

Time: 9:30-11:30am

Wednesdays & Fridays

Fee: \$50 + \$6 materials fee paid to instructor at first class

Age: 10 and up

Class Limit: 6-25



Let's Play Bridge: America's Favorite Card Game

Basic Bidding: A good starter class or if you haven't played in a while or need some bidding help. Learn modern bidding rules and play lots of hands Absolute beginners please contact instructor at (760)723-1383.

Instructor: Caryn Villalon

Session I: 2/2-2/25

Session II: 4/27-5/20

Time: 9:30-11:30am

Tuesdays & Thursdays

Fee: \$50 + \$6 material fee paid to instructor at first class

Age: 10 and up

Class Limit: 6-25

