

YOUTH PROGRAMS

2nd Annual Family Campout

Come join the fun on Mother's Day weekend for a one of a kind experience and memories to last a lifetime! We'll provide the food, transportation, camping supplies and plenty of exciting outdoor activities.

Dates: Saturday, May 8 –
Sunday, May 9

Times: 2:00 pm Saturday –
2:00 pm Sunday

Ages: all ages

Fee: \$44 per adult,
\$29 per child



Lil' Arts Musical Theatre

For children who want to develop their vocal, dance, and acting skills in a creative, supportive FUN way! Students will develop their coordination skills, projecting techniques, and memorization capabilities. This class is expressive and full of movement! There will also be a final performance at the last class.

Days: Wednesdays

Dates: January 27-March 17

Time: 4:00-5:00pm

Ages: 6 to 12

Location: Meyer Hall

Fee: \$80



Cultural Art

Students will learn artistic styles such as painting, drawing, watercolor, collage, and mixed media as they journey to different countries and learn about different cultures all through art exploration. Students will have fun learning the elements of art and principles of design while also being enlightened with an appreciation of the world of art.

Days: Wednesdays

Dates: January 28-March 18

Time: 4:00-5:00pm

Ages: 6 to 12

Location: Lakeshore Room

Fee: \$80 + \$20 material fee

SPECIAL INTEREST

Herbology, Traditional Remedies and Delightful Edibles

Traditional home remedies and personal care uses of herbs will be explored in this hands-on class. We will make our herbal preparations according to long-practiced, traditional Ayurvedic, Native American, and folkloric uses of common herbs and native plants.

Days: Beginning April 5 **Date:** to be determined

Time: 2:30-4:00 pm **Location:** Kitchen

Fee: \$40 + \$7 materials fee Register with Instructor.

The Healthy Living Series: Healthy Relationships

Presented by the Lakeside Community Collaborative Learn about creating and maintaining healthy relationships in your household. Topics discussed will include how you can effectively resolve conflict, reduce defensiveness in the listener, learn what is a healthy vs. an abusive relationship, and about being a healthy relationship role model for your children. Free dinner and door prizes included!

To register call Robin at 619-390-2600.

Date: Tuesday, February 16

Time: 5:00-6:30 pm

Fee: FREE!

Arts & Crafts: Pastels

Dates: 1/6-3/24

Days: Wednesdays

Time: 12:00-2:30 pm

Fee: \$15



Libre Self-Defense Academy

We have developed a comprehensive and affordable program. Areas of study include basic self-defense, blocking, sticking, escaping from common holds, protecting yourself on the ground, and confronting multiple opponents. Our classes are taught in a positive and constructive environment. We offer a belt-ranking system, to keep our students motivated.

Instructor: Scott Babb

Days: Mondays & Thursdays

Time: 6:30-7:45 p.m.

Ages: 18 & up

Location: Main Hall

Fee: See Instructor

For registration or more information, email Scott at librefighting@yahoo.com.