

**Creative Hands (Art class)**

Art is human way of expression. Participant will enjoy learning the basic techniques of arts in drawing and painting.



**SY321.410 Winter:** Fri. 1/29-3/19  
(8 weeks)

**SY321.110 Spring:** Fri. 4/16-6/4 (8 weeks)

**Time:** 3:00-4:00 p.m.

**Ages:** 2-6

**Fee:** Resident \$60 / Non-resident \$64

**Location:** SVCC-Senior Lounge

**Instructor:** Maria Ramirez

**Fit Kids FREE!**

Fit Kids is a free program geared for elementary kids that will focus on a fun and interactive way to get kids active and healthy. We will discuss healthy lifestyle choices and build self confidence while keeping youth moving!

**SY642.410 Winter:** Mon & Wed. 1/25-3/3 (6 weeks)

**SY642.110 Spring:** Mon & Wed. 4/12-5/19 (6 weeks)

**Time:** 3:00-4:00 p.m. **Ages:** 5-9

**Location:** Spring Valley Park

**Instructor:** Wendy Hileman

**Dance Sampler & Tumble**

Introduce your children to music and movement in a variety class of: tap, ballet, jazz and beginning tumbling skills. Develop coordination and rhythm. Tap or hard soled shoes required. Students only in the classroom. **In hope to perform at the fair, dancers must participate in both Winter & Spring sessions!**

**SY654.410 Winter:** Wed. 1/27-3/17 (8 weeks)

**SY654.110 Spring:** Wed. 4/14-6/16 (8 weeks)

No classes 4/21 & 4/28

**Time:** 6:25-7:00 p.m. **Ages:** 4-9

**Fee:** Resident \$64 / Non-resident \$68

**Location:** SVCC-Olsen Room

**Instructor:** Robin Wilkes

**Tumbling\***

Introduction to: Basic tumbling skills, coordination, flexibility and balance. Children's social and motor skills will benefit from this early tumbling experience. Students only in the classroom.

**SY658.410 Winter:** Wed. 1/27-3/17 (8 weeks)

**SY658.110 Spring:** Wed. 4/14-6/16 (8 weeks)

No classes 4/21 & 4/28

**Time:** 5:50-6:20 p.m.

**Ages:** 2 1/2- 8

**Fee:** Resident \$64 / Non-resident \$68

**Location:** SVCC-Olsen Room

**Instructor:** Robin Wilkes

**"Little Divas and Gents in Training"**

**Dance Club**

This unique class teaches self confidence, builds self esteem and celebrates the joy of being female and a male. We prepare your little diva and gent to perform in many talent events, parades and fashion shows.

**SY459.410 Winter:** Fri. 1/29-3/19 (8 weeks)

**SY459.110 Spring:** Fri. 4/16-6/4 (8 weeks)

**Time:** 3:00-4:00 p.m. **Ages:** 4-18

**Fee:** Resident \$50 / Non-resident \$54

**Location:** SVCC-Olsen Room

**Instructor:** Karen Clipper

**Movement & Dance Sampler\*YOUNG**

Class includes music and movement in a variety class that teaches tap, ballet and tumbling skills to develop coordination and rhythm. **In hope to perform at the fair, dancers must participate in both Winter & Spring sessions!**

**SY456.410 Winter:** Wed. 1/27-3/17 (8 weeks)

**SY456.110 Spring:** Wed. 4/14-6/16 (8 weeks)

No classes 4/21 & 4/28

**Time:** 5:15-5:45 p.m. **Ages:** 2 1/2 - 4

**Fee:** Resident \$64 / Non-resident \$68

**Location:** SVCC-Olsen Room

**Instructor:** Corina Cauldren/Robin Wilkes

**Belly Dancing**

Belly dance is a fun, friendly environment. Participants will learn basic dance moves, choreography, veil, floor work, basic finger cymbal rhythms, and costume ideas.

**SC420.410 Winter:** Tue. 1/26-3/16 (8 weeks)

**SC420.110 Spring:** Tue. 4/13-6/1 (8 weeks)

**Time:** Beg. 6:15-7:00 p.m. **Ages:** 12 & up

**SC421.410 Winter:** Tue. 1/26-3/16 (8 weeks)

**SC421.110 Spring:** Tue. 4/13-6/1 (8 weeks)

**Time:** Int. 7:15-8:00 p.m. **Ages:** 12 & up

**Fee:** Resident \$50 / Non-resident \$54

**Location:** SVCC-Olsen Room

**Instructor:** Ana Goebel

## **FREE! Alina's Arts and Crafts Class**

Children will explore the wonderful world of drawing and painting. Along with using our creative imaginations, we will also learn by reviewing the alphabet, numbers, and other basic math principles while listening to popular kids' music! Children will have fun singing, listening to story readings, doing crafts and playing games that will help to improve their speaking, writing and reading skills. This will be a bilingual class for both English and Spanish speakers. Join Alina for singing, games and crafts geared towards improving/learning English for children (pre-kindergarten ages)

**SC694.410 Winter:** Fri. 1/29-2/19 (4 weeks)

**SC694.110 Spring:** Fri. 4/16-5/7 (4 weeks)

**Time:** 4:00-5:00 p.m.

**Ages:** Pre-kindergarten

**Location:** SVCC-Senior Lounge

**Instructor:** Alina Wong

## **Music Biz 3.0**

IAMHypeOnline is hosting a series of seminars to help musicians and industry professionals learn how to use social networking and multi-media technology to gain exposure and generate revenue. Topics or interactive discussion include branding, fanbase development, merchandising and marketing with social media platforms. IAMHypeOnline helps recording artists market themselves using social media platform.

**Winter:** 2nd Tuesday of each month (1/26)

**Spring:** 2nd Tuesday of each month (4/13)

**Time:** 7:00 - 8:00 p.m.

**Ages:** 18 & up

**Fee:** \$10

**Location:** SVCC - Senior Lounge

**Instructor:** Shawn McClondon & Nita Hefner

### **Sweethearts Dinner**

This is a Spring Valley Chamber of Commerce Fundraiser. Mr. & Mrs. Spring Valley 2010 will be named. **When:** Thur., Feb. 11, 2010 @ 6:00 p.m.  
**Where:** Santa Sophia Church Hall | 9800 San Juan Street Spring Valley, CA 91977

*For more information, please call (619) 670-9902*

## **Write Expressly (Your Write To Heal)**

For six weeks, write with others who want to convey their feelings, thoughts, emotions, and creativity. This is appropriate for all levels of writers, even the inexperienced. Express yourself in a safe, positive environment.

- Express your feelings, thoughts, and emotions
- Gain a fresh perspective
- Cultivate your creativity
- Bolster your self-esteem
- Enhance your writing skills
- Nurture your physical, emotional, and spiritual being

**Bring a notebook dedicated to writing, your favorite writing instruments, your enthusiasm, desire, and a bunch of creativity. That's all you need.**

**SA179.410 Winter:** Thur. 1/28-3/4 (6 weeks)

**SA179.110 Spring:** Thur. 4/15-5/20 (6 weeks)

**Time:** 11:30 a.m.-12:30 p.m.

**Ages:** 18 & up

**Fee:** Resident \$50 / Non-resident \$54

**Location:** SVCC-Olsen Room

**Instructor:** Eln Albert

## **Come join the Reading Club!**

The proven success of this reading enrichment program is based upon key learning principles and the partnering of students with parents and seniors.

### **Registration Information**

**Grades:** 1st - 6th

**Dates:** April 21 - May 27, 2010

**Days:** Wednesday & Thursday

**Hours:** 3:30 - 5:00 p.m.

**Location:** SVCC-Olsen Room

